

# Instuctions Sizer

Print this page on A4 paper in the “landscape” (not “portrait”) orientation.

Once printed, measure the following short ruler section with a ruler of your own to ensure that they match. If they don’t check your printer settings and print settings and adjust as necessary.

Then print and compare again.



## How do i use it?

Cut the sizer out, and cut a slit precisely along the dotted line at the bottom of the sizer where it says “Cut here.”

Wrap the sizer around your wrist (brown side out, white side against your skin) and insert the tip of the sizer into the slit you created in the previous step.

Pull the tip until the sizer is neither too snug nor too loose around your wrist. (Our rule of thumb is that a bracelet should be about 1 centimeter or ½ an inch greater than then actual circumference of your wrist.)

The number that lines up with the slit is the size you should order.

